

Dave's Relief Formula

- **Joint health**
- **Pain symptom support**
- **Muscle health**

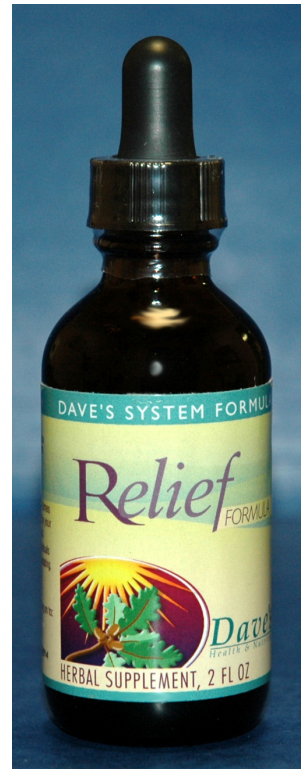
Relief Formula is a special blend of herbs known for their support of joint health, digestive health, and ease of symptoms.

This formula is designed to support healthy tissues and joints. It helps move the energy to reduce symptoms of discomfort.

According to Chinese medicine, energy blockage of any kind to areas of the body such as muscles, tissues or joints is called stagnation. This results in aches and discomfort to that region of the body. When energy flows correctly balance and vitality is restored to the body.

This formula is designed to recover energy flow and help the body to free itself of simple aches and other discomforts.

Formula includes: Corydalis, Boswellia, Myrrh, and Ginger.



Dave's Relief Formula

Herbal Formula

Boswellia is a resin that has been used in India for centuries to alleviate joint aches and stiffness as well as support the respiratory and colon systems. It has also been used to support the liver and blood.

Corydalis is one of the strongest herbs available for symptoms of achiness, stiffness, and other minor discomforts. It has been used by many cultures for muscle health, sleep issues and symptoms of discomfort.

Ginger is a circulatory stimulant and moves energy to ease the symptoms of achiness. It is an energy mover and helps the body to provide nutrients in areas of discomfort and achiness. It supports healthy digestion and respiration. Ginger is used to enhance the action of the other herbs in this formula.

Myrrh supports and relaxes the smooth muscles. It has been used for skin irritation and menstrual discomfort. It also supports healthy digestion and respiratory health.

Traditional herbal uses

- **Aches and discomfort symptoms**
- **Circulation**
- Digestive support
- Joint health
- Muscle health
- Respiratory support