

## Dave's Memory Formula

- **Brain health**
- **Stress symptom support**

Memory Formula is a blend of circulation supportive and nervous system calming herbs designed to support blood flow and oxygen to the brain while also supporting nervous system health.

Memory Formula supports normal brain function which also may support memory function, calm nerves, and normalize circulation to the periphery (external parts of the body such as hands and feet).

Memory is related to a healthy blood supply to the brain with its oxygenation capability. Little talked about, memory is also related to nerve stress. Increase circulation and calm the nerves and a better memory appears to be some of the benefit.

Formula includes: Lavender, Melissa (Lemon balm), Ginkgo biloba, Rosemary, and Sweet marjoram.



### Testimonials:

Dave's Memory is great. It has helped me better than anything that I've taken, and I've taken a lot of things. – *Imogene R*

# Dave's Memory Formula

## Herbal Formula

**Gingko biloba** has been used scientifically for memory, absent-mindedness, and improves blood flow to the brain. It has been used for symptoms of improved eye health as well as circulation to the periphery.

**Lavender** is an herb for nervous system, muscle, and circulation support while it assists in normal digestive and brain function.

**Melissa (Lemon balm)** has been used as a relaxant and cardiovascular tonic as well as promoting restful sleep. It assists in normal muscle function and a healthy digestive tract. Melissa helps to support symptoms of stress and also symptoms of uncomfortable periods.

**Rosemary leaves** are carminative and antispasmodic. Traditional uses include cardio tonic, as well as assisting normal digestive function, increased circulation, and liver support. It has been used in wound healing, headache symptoms, and respiratory support.

**Sweet Marjoram** promotes healthy circulation as well as digestion. It has been used traditionally for intestine, urinary, and respiratory support.

## Traditional herbal uses

- **Brain circulation**
- **Cardiovascular support**
- Eye support
- Feet, circulation
- Hands, circulation
- **Memory support**
- Nervous system support
- Stress symptom support