

## Dave's Glucostable Formula

- **Blood sugar level support**

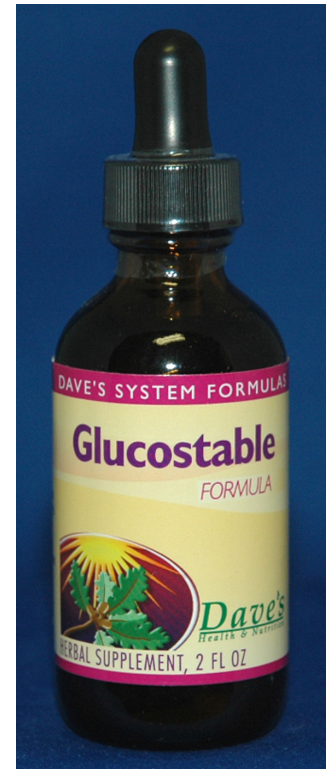
Glucostable Formula is a specifically blended balance of herbs traditionally used in aiding healthy blood sugar levels.

The herbs used in this 50-year-old Ayurvedic (Ease Indian) formula have been used in Indian tradition for centuries to help maintain normal blood sugar levels.

Herbs such as Gymnema, Bergonia ciliata, Murraya koenigi, and Syzygium have been traditionally used in the Far East and are touted to aid in maintaining healthy blood sugar levels.

Always monitor your blood sugar carefully. As with all health concerns, consult your doctor before using Glucostable Formula with diabetes as it may affect blood sugar levels. This formula should not interfere with any other medications. If unsure, always stop taking and consult your healthcare professional.

Formula includes: Gymnema, Bergonia ciliata, Murraya koenigi, and Syzygium.



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## Herbal Formula

**Gymnema** is called the "destroyer of sugar." There has been much research on Gymnema for its ability to reduce blood sugar levels.

**Bergonia ciliata** is a plant of northern India, harvested in the Kashmir Mountains, locally used to help maintain normal blood sugar levels.

**Murraya koenigi** (curry leaves) are a traditional spice used worldwide as a condiment and digestive aid.

**Syzygium**, also known as Malabar Plum or Jambal, is well-known in India as a common fruit. Although little-known to the West, it has been used for normalizing blood sugar levels.

## Traditional herbal uses

- **Blood sugar control**
- Digestive support